

## Updated Return Stress Workflow February 19, 2014

### **PRE-TEST PATIENT PREPARATION:**

- Patient presents to Triage for Return Stress Test 6:00 am
  - Triage nurse enters Chief Complaint "Return Stress Test" and completes triage w/ vitals.
  - Triage nurse calls either EACU lead 7-9083 or EACU PA 4-8958 to notify EACU that patient is here
  - EACU PA orders Saline Lock and Nuclear Medicine Stress test from **RETURN STRESS Order Set.**
  - Patient is given a **gown** and changes from the **waist up** in South room or bathroom.
  - Triage Tech places Hep Lock & escorts patient to EACU.  
(NOTE: Any EKGs in triage take 1<sup>st</sup> priority).
  - Prior to transfer, EACU PA will have opportunity to assess patient if time allows.
  - EACU lead RN pings for patient transport to Nuc Med in Nelson Basement **to arrive at 6:45am.**  
(NOTE to Lead RNs: You will no longer be called to send the patient. Nuclear medicine can receive up to 3 patients @ 6:45 am. A tech will be there starting @ 6:45 to receive patients.)
- RETURN STRESS PATIENTS SHOULD BE SENT PRIOR TO IN HOUSE PATIENTS WHEN >3 TOTAL. )**
- Patients must be transported **VIA WHEELCHAIR.**
  - Patient is moved electronically on Tracking Board to E\_Internal Reception, and EACU lead indicates patient "Out of Department" in HMED.

### **POST-TEST PATIENT RECEPTION:**

- Radiology/Hospital transport returns patient to EACU.
- EACU lead is notified, indicates in HMED patient is back in the department.
- Patient is offered food, repeat vitals taken, and patient is placed in internal reception, unless results happen to be available upon return.
- EACU PA reviews results with patient and a disposition is made.
- Heplock removed if patient is being discharged, and patient is discharged by EACU lead RN or other designee.

## **CONTACT NUMBERS:**

### **TO REACH NUCLEAR MEDICINE STAFF PRIOR TO 7AM:**

**5-8420 (HALL PHONE IN NUC MED NELSON BASEMENT)**

### **For any additional issues/concerns:**

**Contact DONNA SERENA 3-1867 (PAGER) after 6AM**