## How to find out the results of your HIV test:

You had an HIV test while you were in the emergency department today. The results of the test were not ready before you left the emergency department. It is important to find out your results.

Please call the Emergency Department HIV Screening Program Office at <u>443-240-5521</u> to schedule a time to receive your test results. If no one is available at the time you call please leave a message on the answering machine with the following information:

- Your full name
- The date you had the test done in the emergency department
- The phone number you want us to call you back on
- The best time to reach you

We will call you back to set up an appointment to discuss your test results. We protect the confidentiality of all test results and will require you to verify your identity when we call.

## You can also access your test results from MyChart.

## How can you keep from getting HIV?

- Use condoms (rubbers). Condoms make sex safer.
- If you use drugs and you want to quit, get into a treatment program. Ask your clinical provider or social worker to give you a list of local programs.
- If you use drugs but you're not ready to quit, use the needle exchange program to get clean needles, and don't share needles. Call (410) 637-1900 on Wednesdays to talk to needle exchange program staff, or ask your clinical provider for more information.
- If you get raped or sexually assaulted, seek medical help immediately. Your clinician may give you a medicine to take to reduce the risk of getting HIV.

If you think you may have been exposed to HIV in the past six months, then you should be tested again in three to six months. Also, if you have any behaviors that put you at increased risk for getting HIV (see brochure you were given) you should be retested at least once a year.

## Places that provide free HIV testing:

Druid Health District STD Clinic 1515 W. North Ave 410-396-0176 Metro: Penn-North Station

Eastern Health District STD Clinic 620 North Caroline St. 410-396-9410 Metro: Johns Hopkins Hospital

Women Accepting Responsibility 2300 Garrison Blvd, Suite 150 & 170 410-878-0357

Bon Secours Imani Programs 3100 Towanda Avenue 410-383-4030

Needle Exchange Program 2101 Garrison Blvd. 410-947-5700

Chase Brexton Health Services 1111 North Charles St. 410-837-2050, ext. 130